

Want to know more about Advocacy and how it can benefit your friends and family, a group you belong to, or your community?

In Cornwall, we provide independent advocacy to people who might find it difficult to be heard.

Listening without judgement, supporting people to find out the facts, sharing experiences with empathy, and making sure their feelings and wishes are represented when important decisions are being made about their lives. Helping people to find the way forward that is best for THEM.

Our services are free to individuals who need them, and we know how much of a difference it can make!

We're excited to be launching a new Advocacy Awareness project in Cornwall this summer so that as many people as possible can benefit from advocacy.

We'll be running free sessions, with a qualified professional advocate, helping groups and individuals learn advocacy skills that they can then use every day to support each other, and empower themselves.

Advocacy can help when people want to make practical changes – and it can also be a valuable source of emotional support, helping people feel that there is somebody by their side.

Our advocacy coordinator Samantha is looking to establish group sessions in all parts of Cornwall.

If you'd like to know more, get in touch!

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